

# Confidential Health Intake Form

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Date of Birth \_\_\_\_\_

Work Phone \_\_\_\_\_ Home phone \_\_\_\_\_ Cell  
Phone/pager \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Employer \_\_\_\_\_  
Social Security Number \_\_\_\_\_  
Occupation \_\_\_\_\_

Referring Physician: \_\_\_\_\_  
Primary Care Physician: \_\_\_\_\_

### Insurance Information:

Was Injury a result of an accident? \_\_\_\_\_ If yes: Job related \_\_\_\_\_  
Auto \_\_\_\_\_ Other \_\_\_\_\_

Date of Injury or onset: \_\_\_\_\_  
Referring Physician \_\_\_\_\_

Insurance Company  
Name: \_\_\_\_\_  
Billing Address: \_\_\_\_\_  
Phone Number: \_\_\_\_\_  
Contact person/ case manager \_\_\_\_\_

Name of Insured : \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_

Group/Claim Number: \_\_\_\_\_

Attorney (if applicable)  
Name : \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone number: \_\_\_\_\_

I hereby authorize the release of medical information necessary to process my insurance claim. This may include intake forms, chart notes, reports, correspondences, billing

statements and any other information to my attorneys, health care providers and insurance case managers.

I am responsible for all charges for all services provided. In the event that the insurance company denies benefits or makes a partial payment, I am responsible for any balance due. This may not apply to insurance companies that I am under contract with.

I understand the benefits and risks of massage and give my consent for massage. I will consult my practitioner with any questions or concerns immediately.

I have stated all medical conditions that I am aware of and will keep my practitioner informed of any changes.

I agree to provide **24 hour** cancellation notice. If I fail to do so, I agree to pay the **full** appointment fee. (Please note that insurance companies **do not** pay this, you do.)

Signature \_\_\_\_\_

Date \_\_\_\_\_

## Medical History and Information

Check any or all that apply to your present health:

\_\_\_ headaches \_\_\_ chronic pain \_\_\_ varicose veins

\_\_\_ vision problems \_\_\_ muscle or joint pain \_\_\_ blood clots

\_\_\_ sinus problems \_\_\_ numbness/tingling \_\_\_ high/low blood pressure

\_\_\_ jaw pain/teeth grinding \_\_\_ sprains/strains \_\_\_ diabetes

\_\_\_ fatigue \_\_\_ scoliosis \_\_\_ cancer/tumors

\_\_\_ depression \_\_\_ arthritis \_\_\_ infectious disease

\_\_\_ sleep difficulties \_\_\_ tendonitis \_\_\_ skin problems

Women only: Pregnant \_\_\_ Painful menstruation \_\_\_ endometriosis \_\_\_

Men only: Prostate problems \_\_\_

List all medications/herbs/vitamins and dosage:

\_\_\_\_\_

\_\_\_\_\_

List physical activities you participate in regularly \_\_\_\_\_

Describe the events of the injury or accident:

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List previous major injuries/surgeries:

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What other treatments are you receiving and by whom (acupuncture, physical therapy, chiropractic, naturopathic):

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What seems to help the most?

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What seems to aggravate the condition the most? \_\_\_\_\_

What is your main activity at work? On phone \_\_\_\_\_ Sitting \_\_\_\_\_ Computer work \_\_\_\_\_

Driving car \_\_\_\_\_ Walking \_\_\_\_\_  
Other \_\_\_\_\_

What do you do to relieve stress \_\_\_\_\_

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Practitioner

Comments \_\_\_\_\_

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